



Saint Paul Evangelical Lutheran Church

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The Rev. Titus Clarke, Lead Pastor

The Rev. Carol Bowman, Associate Pastor for Visitation

Sisters and Brothers of the Household of faith;

We continue in this dark time of uncertainty. In this time more than ever before, we are assured of the presence of God who did not give us a spirit of fear; but a spirit of power, love and self-discipline (2 Timothy 1:7). We are in God's hands.

In view of the latest update from the governor's office, we are suspending all activities at St. Paul. This means that the abbreviated worship service scheduled for Sunday March 22, is canceled. There will be no gathering at church until the 29th of March or at a time when the situation in the nation changes. The Wednesday night meal will be canceled also during this time. This is not a decision of fear, but of caution.

Meanwhile, we encourage all to be in prayers, study of Scripture, outreach and help to those who may be in need. Let us continue to check on one another by phone particularly those of our elderly members who may need our assistance. We are available to help in cases of emergency. We are working on preparing a message for Sunday, which will be posted on face book and the web page.

We know that all this will come to pass and that the Spirit of God is with us. I received some Scripture readings from a friend which are provided in the following pages for reading as needed.

"...all will be well, and all will be well, and every kind of thing will be well..."

--Julian of Norwich: Showings, Ch. 27

From Oasis Ministry – Remember Who You Are

Pastor Titus D. Clarke
Lead Pastor

Dana Shughart-Gelinas
Council President

Dealing With Fear

- [Isaiah 41:10](#) Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.
- [James 4:7](#) Submit yourselves therefore to God. Resist the devil, and he will flee from you.
- [Malachi 3:6](#) "For I the LORD do not change; therefore you, O children of Jacob, are not consumed.
- [Psalm 46:1](#) A Song. God is our refuge and strength, a very present help in trouble.
- [Psalm 23:1-6](#) The LORD is my shepherd; I shall not want. He makes me lie down in green pastures. He leads me beside still waters. He restores my soul. He leads me in paths of righteousness for his name's sake. Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me. You prepare a table before me in the presence of my enemies; you anoint my head with oil; my cup overflows. ...

Feeling Anxious

- [Philippians 4:6-7](#) Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.
- [1 Peter 5:7](#) Casting all your anxieties on him, because he cares for you.
- [Matthew 6:34](#) "Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble.

- [Psalm 55:22](#) Cast your burden on the LORD, and he will sustain you; he will never permit the righteous to be moved.
- [Proverbs 12:25](#) Anxiety in a man's heart weighs him down, but a good word makes him glad.
- [John 14:27](#) Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid.

Being Worried

- [1 John 4:18](#) There is no fear in love, but perfect love casts out fear. For fear has to do with punishment, and whoever fears has not been perfected in love.
- [Hebrews 11:1](#) Now faith is the assurance of things hoped for, the conviction of things not seen.
- [Matthew 6:25-34](#) "Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing? Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And which of you by being anxious can add a single hour to his span of life? And why are you anxious about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin, yet I tell you, even Solomon in all his glory was not arrayed like one of these. ...
- [Romans 8:28-30](#) And we know that for those who love God all things work together for good, for those who are called according to his purpose. For those whom he foreknew he also predestined to be conformed to the image of his Son, in order that he might be the firstborn among many brothers. And those whom he predestined he also called, and those whom he called he also justified, and those whom he justified he also glorified.

- [Acts 2:21](#) And it shall come to pass that everyone who calls upon the name of the Lord shall be saved.'
- [Psalm 12:6](#) The words of the LORD are pure words, like silver refined in a furnace on the ground, purified seven times.
- [Revelation 3:21](#) The one who conquers, I will grant him to sit with me on my throne, as I also conquered and sat down with my Father on his throne.
- [1 John 1:9](#) If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.
- [2 Timothy 1:9](#) Who saved us and called us to a holy calling, not because of our works but because of his own purpose and grace, which he gave us in Christ Jesus before the ages began,

Lonely

- [Genesis 2:18](#) Then the LORD God said, "It is not good that the man should be alone; I will make him a helper fit for him."
- [Hebrews 13:5](#) Keep your life free from love of money, and be content with what you have, for he has said, "I will never leave you nor forsake you."
- [Hebrews 13:6](#) So we can confidently say, "The Lord is my helper; I will not fear; what can man do to me?"
- [Luke 6:38](#) Give, and it will be given to you. Good measure, pressed down, shaken together, running over, will be put into your lap. For with the measure you use it will be measured back to you."
- [James 1:6](#) But let him ask in faith, with no doubting, for the one who doubts is like a wave of the sea that is driven and tossed by the wind.
- [Philippians 4:19](#) And my God will supply every need of yours according to his riches in glory in Christ Jesus.

- [John 14:27](#) Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid.
- [Deuteronomy 31:6](#) Be strong and courageous. Do not fear or be in dread of them, for it is the LORD your God who goes with you. He will not leave you or forsake you."
- [Ephesians 4:31-32](#) Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.
- [Matthew 28:20](#) Teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age."
- [Isaiah 58:10-11](#) If you pour yourself out for the hungry and satisfy the desire of the afflicted, then shall your light rise in the darkness and your gloom be as the noonday. And the LORD will guide you continually and satisfy your desire in scorched places and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters do not fail.
- [Isaiah 41:10](#) Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.
- [Psalm 27:10](#) For my father and my mother have forsaken me, but the LORD will take me in.